

Abbotsford Food Bank:

Provides food assistance and food security in low income households until the household is self-sustaining. First time applicants please call to make an appointment within the hours of operation.
604-859-5749

You will be asked to bring the following:

- Proof of household* income (Social Assistance statement or deposit, Child Tax Credit amount, 2 pay stubs, proof of EI, Pension, or bank statement showing deposit)
- Proof of residency in Abbotsford (piece of current mail with your name on it)
- Medical cards for everyone in the family
- Picture ID
- *If applying for Christmas Bureau only, please inform Intake Worker.*

Hours of Operation:

Please note the time of hamper distribution depends on your household makeup.

- **Families with Children in their Care** Mon -Thurs 9:30am -12pm
- **Youth** Mon -Thurs 9:30 -12pm
- **Seniors over 60** Mon -Thurs 9:30am -12pm
- **Pregnant** Mon -Thurs 9:30am -12pm
- **Singles and Couples** Mon -Thurs 1:30pm -3:00pm

Free Dental:

Free basic dental coverage is available to people in Abbotsford who live in a low-income household and have little or no coverage. Participants must apply in person with:

- Proof of household income* (2 current pay stubs, proof of EI or pension, assistance stub and Child Tax Credit)
- Health Card
- Picture ID

*household income consists of all adults living in home.

Basics For Babies:

Baby supplies are available to parents in Abbotsford who live in a low-income household. Participants must apply in person with:

- Proof of household income* (2 current pay stubs, proof of EI or pension, assistance stub and Child Tax Credit)
- Health Card
- Picture ID

*household income consists of all adults living in home.

Farm to Food Bank

The Abbotsford Food Bank has partnered with [Dragonlily Gardens](#) and the [Valley Permaculture Guild](#) to provide access to healthy local produce to those living with income insecurity. Produce is available seasonally. To receive produce you must live in Abbotsford and living in a low income household.

Please apply in person with the following.

- Proof of household* income (2 pay stubs, proof of EI, pension or assistance & Child Tax Credit)
- Health Cards for all family members
- Picture ID

Christmas Bureau:

The Christmas Bureau is a unique and meaningful way to connect a low income family or senior with a Christmas sponsor. The Christmas Bureau matches the sponsors to the desired family size and then the sponsor has the privilege of purchasing food and gifts for the family. To apply, contact the Food Bank and as you would for the other programs and inform the intake worker.

Everest:

A pilot project that aims to provide resources beyond emergency food support through intentional relationships. The program hopes to equip families to move beyond the Food Bank line into secure housing, positive employment, healthier relationships, and an overall increased quality of life.

All Kids Play:

The Abbotsford Food Bank in partnership with Athletes in Action and Northview Church is hosting a summer soccer camp for kids of parents who use the Food Bank. To register contact Bradley.Quiring@abbotsfordcommunityservices.com. The cost is \$20 per child. This fee is a subsidized cost to families that have qualified for Food Bank services or need a one-time price break.